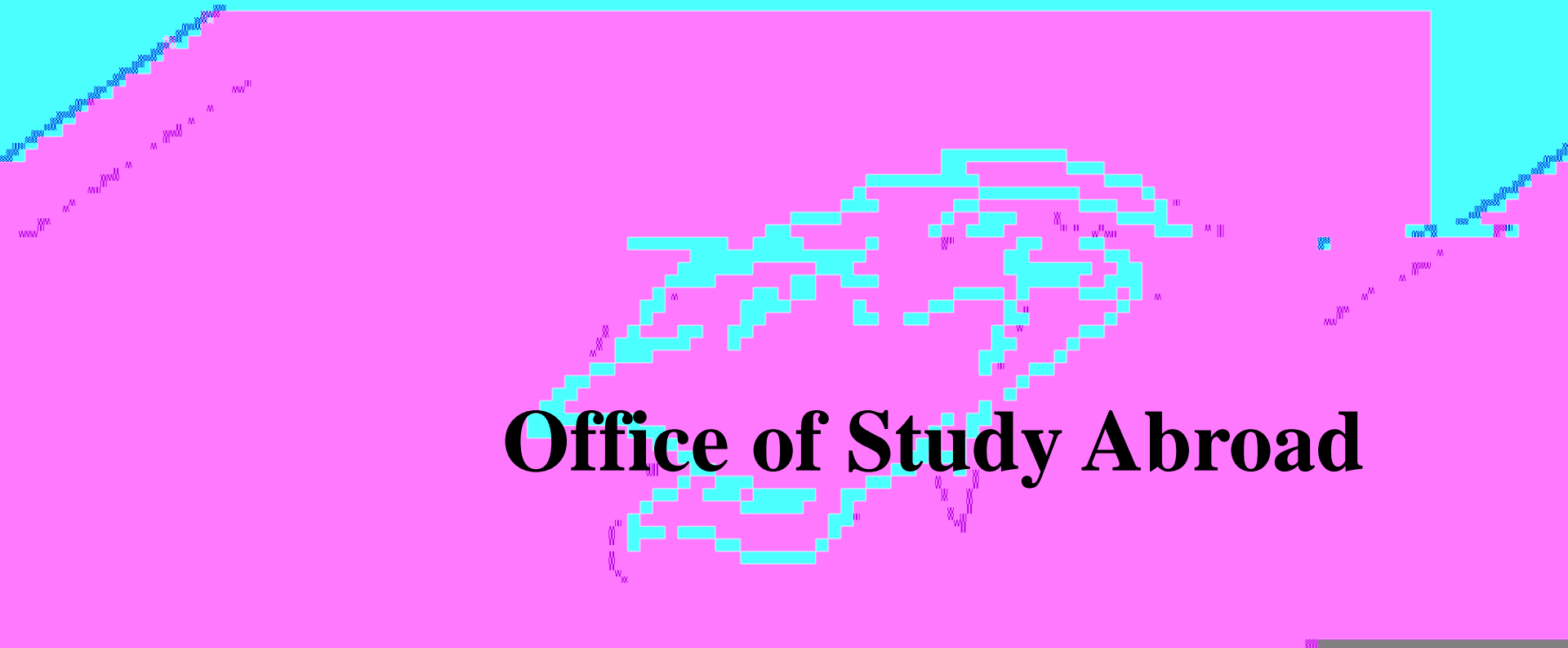


Office of Study Abroad



Air Travel Arrangements

Some Programs require you to make your own
Air Travel Arrangements

- Exact Name of the Arrival Airport: Some Cities have more than One Airport.
- Exact Date of Arrival: Time Zone Changes.
Some international flights arrive a day later than when you leave and some arrive on the same day. It depends on which direction you are going and how far you are traveling.
- Enough Time for Connections
- Submit your Flight Schedule to OSA
- Provide in writing of travel plans if different from group plans.

Air Travel Arrangements

- Advise Program Directors in Any student with travel plans other than those forming part of

Prepare for Departure

- Travel Documents: Passport, Visa
- Academic class approval (exchange students)
- Flight arrangements
- Get any needed immunizations
- Notify your financial institutions
- Leave copies at home: Itinerary, passport/visa, emergency contacts, credit card, etc.
- Pre-Departure Orientation: Program, OSA

LGBTQ Students

- Living in another culture tends to be a time of self-exploration.
- Keep in mind that many of the ideas regarding sexuality and orientation in the U.S. may not translate easily into the culture you are entering.
- Educate yourself about the social culture and laws of your host country before you go.
- U.S. Department of State's LGBTI Travel Information for more information.

Health

- Download InternationalSOS Application
- Take your Prescription Medication
- Extra Pairs of Contact Lenses and Glasses
- First-Aid Medication
- Faculty Members will NOT provide any Medication
- Contact with the Disability Resource Center for special accommodations

Emergency Contact

- Submit emergency contact form to OSA
- Medical “Emergency” means “Unconscious

Immunization

- OSA and faculty are NOT allowed to give advise on immunization.
- Students are encourage to consult with their doctors and/or Health Clinic, especially if s/he:

a) is visiting a country with significant health risks

Prepare for Culture Shock/Adjustment

Resources

- Travel/Books, articles, and blogs, movies, TV shows, podcasts

- Consult travel books, blogs, or podcasts
- International students from your host country on campus
- Returning study abroad students

Prepare for Culture Shock/Adjustment

Some Points to Consider

- Time Management
- Roles of family and gender in society
- Roles of age and social status
- Privacy and personal space
- Individual vs Group relationships
- Alcohol, Smoking, Drugs

Pre-Departure Orientation

- Webinar
- Faculty – Led Orientation
- OSA – Led Orientation

What to Pack

- Keep your Passport and Ticket always with you
-

Checklist (Faculty-Led)

Have You Submitted?

- ***Course Equivalency Form***
- ***Flight Itinerary*** and Copy of ***Visa*** (if applicable)

Do You Have 2 Place to Stay at Host University?

Are You Registered in?

- ***Smart Traveler Enrollment Program***, and

<https://step.state.gov/step/>

- ***International SOS***



Checklist (Faculty-Led)

Have You Received?

- ***Vaccination/ Immunization*** (if applicable)

Have You Received?

- ***Pre-Departure Orientation*** (on line and in-person)
- ***Insurance Card***
- ***Study Abroad T-Shirt***